

SHANTI MAURICE

RESORT & SPA

#MySport program

100%

Private | Personalized | Safe

The highest level of safety and COVID-19 health precautions in Mauritius for your personal and private sport & wellness program.

Experience our ultimate and exclusive wellness options specially designed for your wellness and safety. Choose from an entire private gym to a private lap-pool for a safe and private personal wellness experience.

Shanti Maurice resort & Spa and its team is fully prepared with appropriate cleaning protocols and sanitizing standards as per licensed bodies to ensure a clean exercising place before each session.



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We invite you to choose and combine your preferred and favourite workout and/or wellness elements from following options:



#MyGYM

Experience an entire air-conditioned and spacious gym covering 150 sqm; fully equipped with State of the Art TECHNOGYM equipment's Including TV with option cardio work out, weight management, boxing, aerobic. Rate per hour as from Rs.450



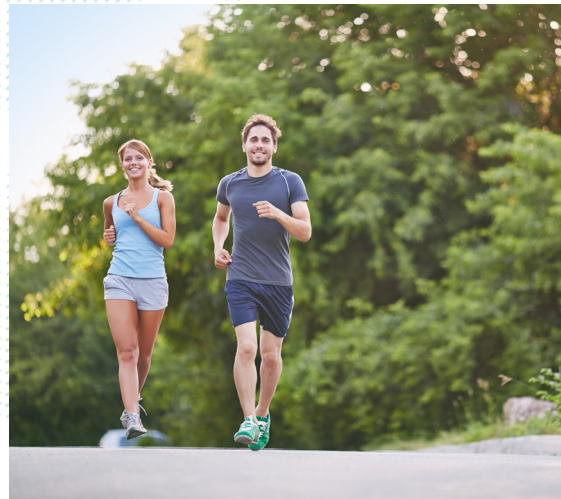
#MySWIM

Swimming exercise at its best in our heated 25m lap-pool. Rate per hour as from Rs 450.



#MyYOGA

Professional private yoga and/or aerial yoga session (indoor airconditioned or outdoor setting including an outdoor pavilion or on the beach as per your choice) with our Yoga Masters. Rate per hour as from Rs 950.



#MyRUN

Choose between our 500m floodlight rock-sand surface jogging track for controlled exercise or discover the entire estate and beach for your running training. Rate per hour as from Rs 250.

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#MySAUNA

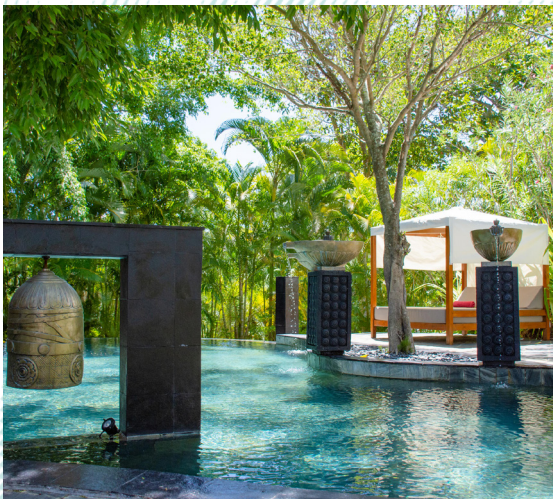
Re-energize with our exclusive usage of our sauna & steambaths (2 units available each).

Rate per hour as from
Rs 350.



#MySPA

We are offering exclusive selected cosmetic hand and facial treatments and a selection of massage and wellness treatments with enhanced health & safety precautions. Please contact our Spa team. Rate on request.



#MyJACUZZI

Relax in our heated jacuzzi.
Rate per hour as from
Rs 350.

#MyHairSalon

Enjoy a selection of hair dressing & Barber services. Starting price as from
Rs 300.

TERMS & CONDITIONS

- Bookings available on reservation and availability only and is based on exclusivity for each zone.
- Reservations available Monday to Sunday from 8am to 8pm, every hour on the hour.
- Minimum reservation is 1 sport or wellness option for 1 hour.
- Complimentary chilled water is provided in gym and entire spa area.
- Usage of the outdoor relaxation area is free of charge.
- Enhanced Beverage & wellness food service in Spa relaxing area available.
- For each reservation of any sport and wellness option booked, take advantage of complimentary usage of the changing rooms, shower area and lockers.
- All bookable for 1 person on exclusivity or 1 couple maximum. If a personal trainer is booked, please note that wearing face mask during entire presence in resort and workout is compulsory for our trainers and all participating guests. Please bring your face mask.